

## AREOLA REPIGMENTATION: AFTER CARE

### General:

- Do not expose treated area to sun or a tanning booth, for 2 days.
- Absolutely no Neosporin, no cleansing creams, makeup or chemicals may be applied to the pigmented, treated areas for the first 3 days.
- No hot, steamy, full pressure showers, saunas, excessive sweating, Jacuzzis or swimming in chlorinated pools. These things can hinder the color bonding process.
- No Retin-A, bleaching creams, glycolic acids, fruit acids or AHA acids on the treated area.
- If crust appears on the procedure area, do not pick or peel the crust off because color will be removed along with the crust. Do not touch the procedure area with fingers as the fingers could transmit bacteria onto the area and lead to infection. This could ultimately incur some additional expenses to you.
- Don't sleep on a nice pillowcase for the first 2 nights. Ointment and pigment can get on it.
- After 7 days you may apply makeup.
- If you are a blood donor you cannot give blood for 1 year. Following your procedure (Per American Red Cross.)

### Areola Repigmentation

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#### DAY 1-7

Areolas will appear much darker in appearance but will gradually begin to lighten up.

- Pigment does not heal completely even at this time so please be patient.
- Keep the treated area moist for 7 full days following the procedure by continuing to apply, ONLY the aftercare that is provided regularly, during the day, with a Q-tip. Remember, the ointment acts as a "bandage" and keeps out dust, pollen and air. Clean area with cool water and mild antibacterial soap (Dial), and pat dry before reapplying ointment.
- Aftercare ointment should be applied two to three times per day with a clean q-tip each time. Absolutely no fingers so that bacteria from your fingers are not spread to the tattooed area.
- After applying ointment make sure to add a barrier between your clothes and the tattooed area in order not to get your clothes greasy and or to get bacteria in the area.

#### Day 8 – 14

- If you're the area still feels dry continue to use the ointment until dryness subsides.
- During this phase your pigment would have lightened up.

#### AFTER DAY 14

At this phase you should see your final result and no longer have to use aftercare ointment