

## EYELINER: AFTER CARE

### General:

- Do not expose treated area to sun or a tanning booth, for 2 days.
- Absolutely no Neosporin, no cleansing creams, makeup or chemicals may be applied to the pigmented, treated areas for the first 3 days.
- No hot, steamy, full pressure showers, saunas, excessive sweating, Jacuzzis or swimming in chlorinated pools. These things can hinder the color bonding process.
- No Retin-A, bleaching creams, glycolic acids, fruit acids or AHA acids on the treated area.
- If crust appears on the procedure area, do not pick or peel the crust off because color will be removed along with the crust. Do not touch the procedure area with fingers as the fingers could transmit bacteria onto the area and lead to infection. This could ultimately incur some additional expenses to you.
- Don't sleep on a nice pillowcase for the first 2 nights. Ointment and pigment can get on it.
- After 7 days you may apply makeup.
- If you are a blood donor you cannot give blood for 1 year. Following your procedure (Per American Red Cross.)

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### Eyeliner:

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#### DAYS 1-7

Eyeliner when first applied will appear dark but during this phase will begin to fade. Fading can occur up to 60% depending on skin conditions, color, body chemistry, and or type / method in which your eyeliner was implanted.

- If you have swelling apply an ice pack or wet cloth 10-15 minutes at a time at least 2-3 times a day (but no more than 20 minutes) to the treated area following the procedure until swelling subsides. You may use a washcloth dipped in ice water, wrung out, or a Ziploc bag of frozen peas. Never apply ice directly to your eyes. Sleep on your back with the head elevated. Ice helps to reduce swelling and aids the healing process. Doctors advise Aleve (2 pills) and vitamin K, 500 mg. The first few days following the procedure, you may find the area puffy. Swelling usually subsides in 24-48 hours. Bruising may occur in some cases.
- Clean the eyeliner area once per day following your procedure.
- Clean with an antibacterial soap (dial antibacterial) or a gentle cleanser (Cetaphil) using cool water.
- When cleaning make sure to first wash your hands, lather up a small amount of cleanser and gently pat the top eyeliner area with your eyes closed. Lean forward to not get soap/cleanser in your eyes. Afterwards rinse off the area with cool water.
- Keep the treated area moist with artificial tears. Use three times per day for 7 days.
- Avoid eyeliner, mascara, and makeup in or around the area

#### DAYS 8-14

- You can discontinue use of the artificial tears.

#### AFTER DAY 14

- You will now begin to notice your eyeliner color and whatever flaking should be complete. At this point you can now use makeup in the area. However, it is recommended to use new mascara, eyeliner, and makeup in order not to spread possible bacteria in older makeup that was once use.